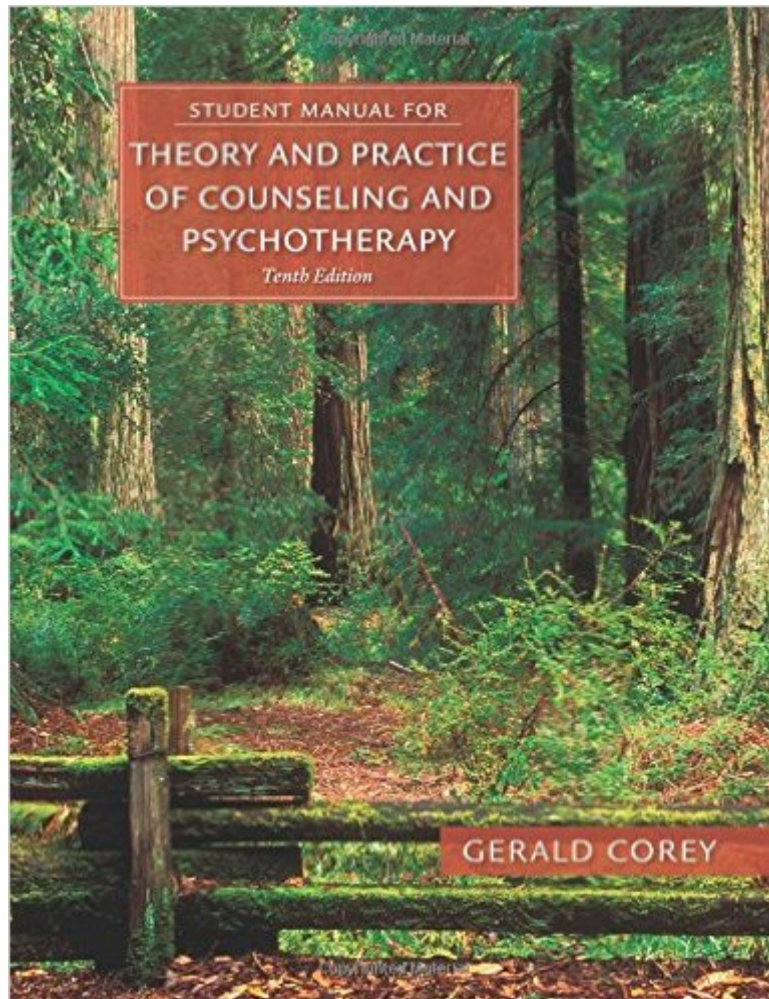


The book was found

SM Theory & Practice Counseling & Psychotherapy



Synopsis

This manual contains structured self-awareness exercises that help you gain a deeper self-understanding and grasp the concepts of the various approaches.

Book Information

Paperback: 288 pages

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Customer Reviews

I got this for my graduate theories course- you basically speed date each theory! Well organized and goes far enough in-depth for you to get a better appreciation for each theory. My favorite is still psychoanalysis!

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